

Townsville Learning and Lifestyle Hub Program Calendar



Program Dates: 01/10/2026 - 31/10/2026

Turtle Team



Operating Hours

Monday – Friday
9:00am – 3:00pm

Contact Us

Client Support

Phone: 1800 122 122

Email: clientsupport@endeavour.com.au



Townsville Learning and Lifestyle Hub

Week 1: 28/09/2026 - 02/10/2026

Turtle Team

What's On!



Morning
9am – 12pm



Monday

**Bocce or Games
on Balcony**
Morning Tea



**Music & Dance /
Wiggles**
Media room



Tuesday

**Activity of
Choice**
Morning Tea



**RSL Morning
Melodies**
Morning Tea



Wednesday

**Strand Walk
OR Craft**
Morning Tea



**Painting OR
Halloween Craft
& Decorating**



Thursday

**Morning
Socialise**
Morning Tea



**Gurpreet's
Indian Dancing**



Friday

**Grocery
Shopping**
Coles NW



**Cooking
BBQ Lunch**
Main Kitchen



Lunch Break (12pm – 1pm)



Afternoon
1pm – 3pm



Tech-Time
Home Room



**Activity of
Choice**
Home Room



**Movie OR
Activity of
Choice**



Tech Time
Home Room



**Numeracy
& Literacy**
Home Room



**Halloween Craft
OR Activity of
Choice**



**Board Games
OR Activity of
Choice**



**Menu Planning
for Friday BBQ**



**Movie OR
Painting & Craft**



Tech Time
Home Room



Townsville Learning and Lifestyle Hub

Week 2: 05/10/2026 - 09/10/2026

Turtle Team

What's On!



Morning
9am – 12pm



Monday

**PUBLIC
HOLIDAY**
KING'S
BIRTHDAY

**PUBLIC
HOLIDAY**
KING'S
BIRTHDAY

Tuesday

All Abilities
Workout or
AUSLAN Key
Signs

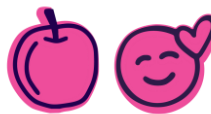


RSL Morning
Melodies
Morning Tea



Wednesday

Strong and Sure
Movement
Morning Tea



Recycling OR
Halloween Craft



Thursday

Sherriff Park
Walk
Morning Tea



Ball Games &
Group Activities
@ Sherriff Park



Friday

Grocery
Shopping
Coles NW



Cooking
BBQ Lunch
Main Kitchen



Lunch Break (12pm – 1pm)



Afternoon
1pm – 3pm



**PUBLIC
HOLIDAY**
KING'S
BIRTHDAY

**PUBLIC
HOLIDAY**
KING'S
BIRTHDAY

Movie OR
Halloween
Painting & Craft



Activity of
Choice
Home Room



Numeracy
& Literacy
Home Room



Tech -Time OR
Halloween Craft



Ten-pin
Bowling



Menu Planning
for Friday BBQ



Movie OR
Halloween Craft



Tech-Time
Home Room



Townsville Learning and Lifestyle Hub

Week 3: 12/10/2026 - 16/10/2026

Turtle Team

What's On!



Morning
9am – 12pm



Monday

Music & Dance / Wiggles
Media room



Client Service Meeting
Morning Tea



Tuesday

Morning Socialise
Media Room



RSL Morning Melodies
Morning Tea



Wednesday

Riverway Walk & Turtles
Morning Tea



Library OR Activity of Choice



Thursday

Strong and Sure Movement
Morning Tea



Gurpreet's Indian Dancing



Friday

Grocery Shopping
Coles NW



Cooking BBQ Lunch
Main Kitchen



Lunch Break (12pm – 1pm)



Afternoon
1pm – 3pm



Movie OR Tech Time
Home Room



Activity of Choice
Home Room



Games OR Painting & Craft



Tech Time
Home Room



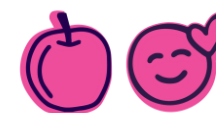
Board Games OR Group Activities



Craft OR Activity of Choice



Bowling on the Deck



Menu Planning for Friday BBQ



Activity of Choice



Movie OR Tech Time
Home Room



Townsville Learning and Lifestyle Hub

Week 4: 19/10/2026 - 23/10/2026

Turtle Team

What's On!



Morning
9am – 12pm



Monday

Strand Beach Walk
Morning Tea



Music & Dance / Wiggles OR Craft



Tuesday

Morning Socialise
Morning Tea



RSL morning tea or Cinema Experience @ Event Cinemas



Wednesday

Strong and Sure Movement
Morning Tea



Painting & Craft OR Activity of Choice



Thursday

Strand Walk OR Craft
Morning Tea



Ball games @ The Strand



Friday

Craft OR COWBOY'S LC BINGO & MORNING TEA



COWBOY'S LC BIG DAY OUT SOCIAL LUNCH



Lunch Break (12pm – 1pm)



Afternoon
1pm – 3pm



Tech Time
Home Room



Activity of Choice
Home Room



Movie OR Activity of Choice



Tech Time
Home Room



Numeracy & Literacy
Home Room



Art & Craft OR Activity of Choice



Ten-pin Bowling



Menu Planning
for Friday BBQ



Movie OR Painting & Craft



Activity of Choice



Townsville Learning and Lifestyle Hub

Week 5: 26/10/2026 - 30/10/2026

Turtle Team

What's On!



Morning
9am – 12pm



Monday

Strand Beach Walk
Morning Tea



Strong and Sure Movement



Tuesday

All Abilities Workout or AUSLAN Key Signs



RSL Morning Melodies
Morning Tea



Wednesday

Queens Park, Aviary & Walk
Morning Tea



Library OR Activity of Choice



Thursday

Strong and Sure Movement
Morning Tea



Gurpreet's Indian Dancing



Friday

Grocery Shopping
Coles NW



Cooking HALLOWEEN PARTY



Lunch Break (12pm – 1pm)



Afternoon
1pm – 3pm



Tech-Time
Home Room



Activity of Choice
Home Room



Movie OR Painting & Craft



Activity of Choice
Home Room



Numeracy & Literacy
Home Room



Craft OR Tech Time



Ten-pin Bowling



Menu Planning
for Friday BBQ



HALLOWEEN MOVIE & GAMES



Tech Time
Home Room



Townsville Learning and Lifestyle Hub

Activity Descriptions

Activity	Description	Related Skills	Cost
Ten Pin Bowling 	Whether you are a seasoned pro or a first-timer, this is a fantastic opportunity to socialise, stay active, and enjoy some friendly competition.		\$12
Lawn Bowls 	Join us for a fun and engaging lawn bowling session!		\$5 per person
Cooking 	Build new cooking skills or maintain existing ones in a supportive environment. Participants work together to choose the menu and prepare meals.		Up to \$8 per person
Recycling 	Join your peers on a visit to the recycling centre to collect and return cans. Funds raised are saved and used to support future group activities and events.		Free of Charge

Townsville Learning and Lifestyle Hub

Activity Descriptions

Activity	Description	Related Skills	Cost
Library 	Participants visit the local library to explore books, build reading skills, and connect with community		Free of Charge.
Baking 	Learn baking skills while building confidence and enjoying time together in the kitchen		Free of Charge
Cowboys Leagues Club 	Monthly Social Event Clients can attend Bingo and have morning tea or choose to attend for lunch only. A favourite activity for our clients.		Bingo \$1 gold coin + cost of morning tea Lunch from \$12 Items priced by venue
Art and Craft 	Allows our clients to be mindful, artistic and to practice fine motor skills while creating works to be proud of		Free of Charge

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



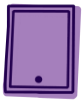
Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day